

**DIVISION OF PUBLIC AND BEHAVIORAL HEALTH**  
**WASHOE REGIONAL BEHAVIORAL HEALTH POLICY BOARD**

Washoe County Complex, Central Conference Room, Building C

1001 East 9<sup>th</sup> Street,

Reno, Nevada 89512

August 28, 2018

10:30 a.m. to Adjournment

**DRAFT MINUTES**

**1. Call to Order**

Chuck Duarte, Chair

**In Attendance:** Leah Cartwright, NN Psych Association; Valeria Padovni, NPA

**Introductions, Members of the Washoe Regional Behavioral Health Policy Board in Attendance:**

Charles Duarte, Sharon Chamberlain, Sandy Stamates, Senator Julia Ratti, Henry Sotelo, Kevin Dick, Wade Clark, Charmaane Buehrle

**Absent:** Dr. Jeremy Matuszak, J.W. Hodges, Jennifer Delett-Snyder

**Regional Behavioral Health Coordinator:** Dorothy Edwards

**2. Public Comment:** No public comment

**3. Discuss and approve bill draft for submission to Legislative Counsel Bureau by September 1, 2018 – Chuck Duarte, Chair and Board Members**

Chuck Duarte, Chair, asked if the board was sufficiently including substance abuse in the Bill Draft Request (BDR). Sandy Stamates answered yes and there was general agreement by board members that the narrative included substance abuse. Mr. Duarte asked if the board wanted to use the term Crisis Stabilization Center (CSC) or Crisis Stabilization Unit (CSU). Sandy Stamates suggested to use the term Crisis Stabilization Center since it is more commonly used. Ms. Stamates added using the word “unit” might indicate a different management structure. Sharon Chamberlain agreed.

Chuck Duarte reviewed the goal of the proposed bill as outlined in the BDR:

1. This bill would authorize the development of a study and subsequent report by the Washoe Regional Behavioral Health Policy Board to the Interim Finance Committee outlining a comprehensive approach, including the funding sources and steps to achieve the following during the 2019-2020 interim:

- The expansion of crisis stabilization services in Nevada and establishment of certified 24-hour walk-in Crisis Stabilization Center (CSC).
  - The purchase of crisis services from private behavioral health organizations through a request for proposal (RFP) process. Services would be managed via performance contracts and formal reviews.
  - Contracted services will include at a minimum:
    - The establishment of treatment protocols, documentation standards, and administrative procedures, consistent with best practices and other evidence-based medicine, for appropriate treatment to individuals who are provided crisis stabilization services.
    - Planning and delivery of services consistent with the philosophy, principles, and best practices for mental health consumers.
    - Assurance of behavioral health equity which is the right to access quality health care for all populations regardless of the individual's race, ethnicity, gender, socioeconomic status, sexual orientation, geographical location and social conditions through prevention and treatment of mental health and substance use conditions and disorders.
    - The promotion of concepts key to the recovery for individuals who have mental illness: hope, personal empowerment, respect, social connections, self-responsibility, and self-determination. The promotion of consumer-operated services as a way to support recovery.
    - Planning for each consumer's individual needs.
2. This bill would authorize funding at sufficient levels to ensure that Nevada can provide each individual served pursuant to this part with the medically necessary mental health services, medications, and supportive services set forth in the applicable treatment plan developed by the successful contractor.
- Funding shall only cover the portions of those costs of services that cannot be paid for with other funds including other mental health funds, public and private insurance, and other local, state, and federal funds.

Discussion of the goals and verbiage followed. Sandy Stamates confirmed it was voluntary services as opposed to the client feeling he or she was held against their will. Chuck Duarte confirmed it was voluntary. Mr. Duarte defined the services were clearly outlined and Dorothy Edwards mentioned the inclusion of the Civil Rights statements within the contracted services.

Senator Julia Ratti discussed the concept of crisis services and the differences between counties. Chuck Duarte mentioned the focus remains on Washoe County because an urban area is very different from a rural infrastructure. Mr. Duarte explained the fiscal impact and asked for agreement on the need to all board members to work together to research fiscal costs. Mr. Duarte asked for a vote to support the submission of the BDR as written. Kevin Dick made a motion for approval and Sandy Stamates seconded, motion approved.

**4. Discuss and decide dates for future meetings in 2018 – Dorothy Edwards, Regional Behavioral Health Coordinator and Board Members**

Dorothy Edwards, Regional Behavioral Health Coordinator, asked members to think about future meetings and the frequency so discussion and voting could take place at the following meeting.

**5. Public Comment:** No public comment

**6. Adjournment – Chuck Duarte, Chair**